

UC Master Gardener Program

UC Master Gardeners of Napa County Las Flores Learning Garden January 28th 2023 'Ergonomics in the Garden' Information links

Information on Ergonomics in the Garden: UC Berkeley <u>https://uhs.berkeley.edu/sites/default/files/ergonomics_tips_for_gardenin</u> <u>g_at_home.pdf</u>

Information on colored mulch Univ of Florida extension <u>https://nwdistrict.ifas.ufl.edu/hort/2019/05/17/is-colored-mulch-bad-for-t</u> <u>he-environment/</u>

UMass Amherst https://ag.umass.edu/landscape/fact-sheets/colored-bark-mulch

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