

## **Nevada County Master Gardeners**

### **Fall veggies to be grown for fall plant sale (4pks)**

#### **Kale:**

- 1) Red and green Kale mix. Frost Hardy.
- 2) Red Ursa Kale – Baker Creek Heirloom seeds – a cross between Red Russian and Siberian Kale. 24” tall and wide at maturity. Prefers rich soil. Does well in the frost. Frilly green leaves, red or purple stems.

#### **Spinach:**

- 3) Chinese Multicolored “Spinach” - technically not a spinach but an edible amaranth. Beautiful colored leaves and delicious.

#### **Lettuce:**

- 4) Tennis Ball lettuce – Baker Creek – Original black seeded butterhead variety documented to have been grown by Thomas Jefferson in the gardens at Monticello. Small heads, 6” or so. Can be grown thickly and harvested as baby greens or spread out more, and grown for heads. Frost hardy.
- 5) Yedikule Lettuce -Baker Creek – Ancient variety that has been grown in Turkey since Byzantine times. Romaine type with long leaves, crisp center and white seeds. Culinary symbol of Istanbul’s centuries-old urban gardens.
- 6) Butterhead lettuce, Buttercrunch. Tender European bibb lettuce, delicate flavor. Bolt resistant, can even be grown in pots. Can extend grow season with row covers.
- 7) Parris Island Cos Romaine – crisp and sweet. Harvest as baby green, midsize or mature. Great for lettuce wraps. Can extend grow season with row covers.
- 8) Little Gem lettuce – Very small green romaine, one of the very best tasting varieties. Heat tolerant variety.

#### **Cabbage:**

- 9) Nero di Toscana Leaf Cabbage – Heirloom Italian leaf cabbage dating back to the early 1800’s. Unusual deep black/green leaves to 24” long. Flavorful and beautiful. Frost hardy!

#### **Greens and Chard:**

- 10) Lettuce Mesclun – mixed green and red varieties. Can be harvested as baby greens or mature. Can extend season with row covers. Can be grown indoors with sun or grow lights.
- 11) Mizuna mustard greens. Very cold tolerant. Can be used in salads or cooked.
- 12) Swiss Chard- white stem variety. Cold tolerant but protect from heavy frost.

#### **Herbs:**

- 13) Chives - perennial
- 14) Oregano – perennial

## Perennial Plants - From the propagation bench:

<p> <i>Achillea millefolium</i> \$5.00  <i>Adiantum capillus-veneris</i>  <i>Agapanthus Africanus</i> (white)  <i>Agilegia formosa</i> native columbine ks  <i>Asclepias cordifolia</i>  <i>Asclepias speciosa</i>    <i>Bouteloua gracilis</i> \$7.00  <i>Buddleia davidii</i> spp \$5.00 (medium purple)    <i>Calamagrostis x acutiflora</i> 'Karl Foerster' \$8.00  <i>Calycanthus occidentalis</i>  <i>Carex barbarae</i> \$7.00  <i>Carex oshimensis</i> \$8.00  <i>Caryopteris x clandonensis</i> \$5.00  <i>Cornus stolonifera</i>    <i>Epilobium canum</i>  <i>Erigeron karvinskianus</i> \$7.00  <i>Euphorbia amygdaloides</i> 'Purpurea' \$7.00  <i>Euphorbia myrsinistes</i> \$7.00    <i>Forsythia x intermedia</i> \$7.00    <i>Geranium x cantabrigiense</i> 'Biokovo' 4" \$3.00, 6-1gal. \$5.00    <i>Hakonechloa macra</i> 'Albostriata' \$5.00  <i>Heuchera</i> \$5.00  <i>Holodiscus discolor</i>  <i>Hydrangea quericifolia</i> \$8.00 (Oakleaf Hydrangea)         </p>	<p> <i>Iris douglasiana</i> 'Canyon snow' \$8.00  <i>Iris douglasiana</i> spp (purple) \$8.00    <i>Lagurus ovatus</i> \$7.00 (Bunny tails grass)    <i>Miscanthus sinensis</i> 'Morning Light'    <i>Nandina domestica</i> heavenly bamboo ™    <i>Parthenocissus quinquefolia</i> (virginia creeper)  <i>Philadelphus lewisii</i>    <i>Ribes aureum</i>  <i>Ribes sanguineum</i>    <i>Santolina rosmarinifolia</i>  <i>Salvia elegans</i> (pineapple sage)  <i>Sedum</i> 'Angelina'  <i>Sempervivum tectorum</i>  <i>Stachys byzantina</i> \$5.00  <i>Symphoricarpus albus</i>    <i>Viburnum opulus</i>  <i>Viburnum plicatum tomentosum</i> 'Mariesii' \$8.00         </p>
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