



VEGETABLE FAMILIES

3 Year Crop Rotation

For instance: if you plant broccoli in a section of your garden, then you will not plant any other cole family crop in that section for two more years.

COLE FAMILY (Brassicaceae)

broccoli, cabbage, cauliflower, kohlrabi, kale, collards, radish, rutabaga, turnip, mustard, tatsoi

PEA FAMILY (Fabaceae, Leguminosae)

beans, peas, fava beans, runner beans, cowpeas, lentils, garbanzo beans, peanuts

ONION FAMILY (Amaryllidaceae, Alliaceae)

garlic, onions, leeks, chives, shallots

SQUASH FAMILY (Cucurbitaceae)

cucumbers, gourds, melons, summer squash, winter squash, pumpkins

TOBACCO FAMILY (Solanaceae)

tomatoes, potatoes, peppers, eggplant

GRASS FAMILY (Gramineae, Poaceae)

corn, rice, barley, wheat, oats, rye, millet, sorghum

BEET FAMILY (Chenopodiaceae)

beets, mangels, spinach, chard, quinoa, orache

PARSLEY FAMILY (Umbelliferae, Apiaceae)

carrots, parsnips, celery, parsley, fennel, cilantro

MORNING GLORY FAMILY (Convolvulaceae)

Sweet potato

SUNFLOWER FAMILY (Compositae, Asteraceae)

lettuce, endive, sunflower

MALLOW FAMILY (Malvaceae)

okra