

# Mandarins



## Elementary Nutrition Activity: Poetry

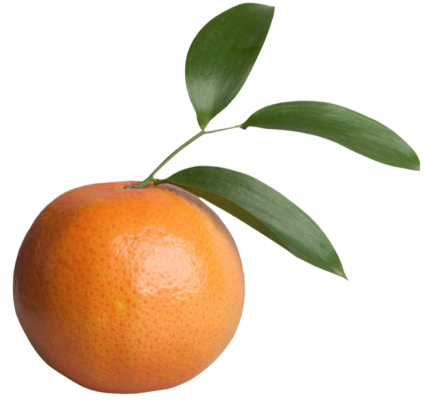
**OBJECTIVE:** Increased familiarity with mandarins. Increased knowledge about poetry.

**PREPARATION:** Make copies of the Mandarin Poetry sheet provided. Select one style of poetry from the table below.

1. Distribute a Mandarin Poetry sheet to each student.
2. Review the various styles of poetry with the students (reference the table below). Concentrate the discussion on the elements of the poetry style you selected.
3. Brainstorm the following with students; describe adjectives for mandarins- appearance, taste, touch and smell.
4. If needed, review adjectives with students.
5. Ask how students feel after eating a mandarin. Does it provide comfort, energy, ect.
6. After brainstorming, begin composing the mandarin poem. Students may work individually or in small groups.
7. Have each student or group share their poem.

Styles of Poetry	
<b>Cinquain</b>	Poem containing five lines. This poem was developed in the early 1900s by an American poet to resemble Haiku. Cinquains follow a formula: the first line is one word giving the title. It has 2 syllables. The second line has 2 words that describe the title. It has 4 syllables. The third line has 3 words that express an action. It has 6 syllables. The fourth line has 2 words that express a feeling. It has 8 syllables. The fifth line is 1 word. It has 2 or 3 syllables.
<b>Free Verse</b>	Poetry that has no real rhythm or pattern.
<b>Haiku</b>	Form of poetry from Japan. There are many different forms of Haiku, but the most basic contains three lines. Line one has five syllables. Line two has seven syllables. Line three has five syllables.
<b>Limerick</b>	Poems with five lines with a special beat and rhyming pattern: lines 1, 2 and 5 have 9 beats and the last words rhyme. Lines 3 and 4 have 6 beats and rhyme with each other. Beats in a poetry represent the total number of syllables found in each line.
<b>Narrative</b>	Poem telling a story.

# Mandarin Poetry



## **Directions:**

1. Brainstorm and write down adjectives in the box below.
2. Title your poem.
3. Write your poem.
4. Share with the class.

## ***Adjectives:***


***Style of Poem:*** \_\_\_\_\_

***Title:*** \_\_\_\_\_
